MASS INTENTIONS FOR THIS WEEK

Tuesday	6:30pm	+Silvia Ravida
Wednesday	8:00am	+Pat Paci
Thursday	8:00am	Int. of Anna Skalski
Friday	8:00am	No Morning Mass
Saturday	5:00pm	Annual Memorial Mass
_		All Saints Day
Sunday	11:00am	Commemoration of All the
_		Faithful Departed
		All Souls Day

ANNUAL MEMORIAL MASS SATURDAY, NOVEMBER 1st, AT 5:00PM

The Memorial Mass is celebrated for the deceased of our parish who have passed away within the past two years. All are welcome to attend this Mass.

DIOCESAN PRAYER CALENDAR

Monday	Rev. John Ha
Tuesday	Rev. John Schnurr
Wednesday	Pallottine Fathers, S.A.C.
Thursday	Rev. Joseph Gregory Michel
Friday	Rev. Wilson Andrade, C.S.C.
Saturday	All Saints Day

VOCATIONS OFFICE

WANTED: Humble sinners who know the forgiveness of God. These make good servants of the Gospel. They can be priests, deacons, brothers or sisters.

If God is calling you, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988 or vocations@hamiltondiocese.com

ADORATION

All day Adoration on Wednesdays from 8:45AM to 7:00PM. Eucharistic Benediction at 6:50PM.

ROSARY

Please join us for the saying of the rosary every Wednesday evening at 7:00PM in the church. Consider coming early for a little time in Adoration and the Benediction before we begin. All are welcome.

PRAYER REQUEST

If you know of anyone who is in need of prayers, place their request on our network and volunteers will pray specifically for your request. Call Gail at 905-628-2304 or go to our website: www.staugustinesparish.ca to place your request.



The following DONATIONS would be greatly appreciated for the CWL Christmas Market. PICK-A-POP: new small toys, juice boxes, pop

JEWELLERY: in good condition

BAKED GOODS: cookies, muffins, squares, tarts GIFT TABLE/CRAFTS: new gift items, handmade

or sewn crafts

TOUCH AND TAKE: new or gently used gifts for

children, teens, and adults



ST. AUGUSTINE'S **CATHOLIC WOMEN'S LEAGUE BURSARY FUND**

The Bursary Fund provides financial assistance to women of our parish who are enrolled in educational or training programs to enhance their employment opportunities. Details are in the brochure at the Parish Office or at the back of the church. The CWL Educational Bursary deadline is October 31st, 2025.



KNIGHTS OF COLUMBUS COUNCIL 6579

FOOTBALL POOL IS SOLD OUT!

GREY CUP BRUNCH

Sunday, November 16, 2025 St. Augustine's Parish Centre 12:00PM after 11 o'clock Mass

Great Food, Good Company, 50/50 Draw Brunch Tickets: Adult - \$20; 10 and Under - \$10; Children Under 3 - Free

Tickets are available after all the weekend Masses.

CHRONIC CONDITIONS SELF MANAGEMENT WORKSHOP

Learn and share information about:

- Communicating with healthcare professionals
- Techniques to deal with fatigue, poor sleep, emotions, pain, etc.
- How to evaluate new treatments or medication
- Pacing activities and rest-decision making
- And so much more...

This is a FREE program, books are supplied. This workshop runs one day each week (Tuesdays) from 1:00PM to 3:30PM for six weeks. Program starts November 11th to December 16, 2025. Please contact the Parish Office at 905-628-2880 to register in advance, space is limited.

COLLECTION REPORT: October 18th and 19th

Regular Collection	\$2806.50
Christmas	\$200.00
Loose Collection	\$650.50
Building Fund	\$125.00
World Mission	\$445.00
Needs of the CDN Church	\$10.00

MENTAL WELLNESS MOMENT: Did you know?

Studies show that Prayer and Meditation can be very beneficial to mental wellness.

In times of stress or anxiety, turning to prayer can provide comfort and clarity. Setting aside a few minutes at the same time each day to pray or meditate allows us to connect with God and reflect on our thoughts and feelings. This practice can help ground us and being peace to our minds, reminding us that we are never alone in our struggles. It can ease depression and anxiety symptoms; it helps soothe or calm our strong emotions; it helps build helpful parts of our brain that help with regulation and wisdom.

Incorporating scripture into your meditation by selecting a verse that resonates with you can add to this beneficial experience. For instance, Philippians 4:6-7 reminds us to present our worries to God and experience His peace.

Adoration, which takes place on Wednesdays at the parish, provides a profound opportunity for personal reflection and spiritual renewal in the presence of the Eucharist. Our parish also has a prayer group, a bible study and a men's fellowship group. Prayer serves as a form of meditation by fostering a deep, mindful connection with the divine, allowing for introspection and peace. Please call the parish office at 905-628-2880 if you would like more information on Adoration or the prayer ministries.

St. Augustine's Mental Health Ministry ccministry@staugustinesparish.ca.